



The "Nepal for everyone" Project.

In collaboration with:
"Stra.Bordo" Association
S.Stefano Rehabilitation Institute

sponsorship:
Italians of Marche physiotherapists' Association
National Borderless Physiotherapists Association
Hotel Tibet - Lazimpath - Kathmandu
Regal Excursions - Lazimpath - Kathmandu

THE DREAM

"The wind's duties are few: pushing clouds to the sea, introduce march, provoke tides, bring freedom"
Emily Dickenson

The "travelling with no limits" project was born with a dream, a woman's one who, afflicted by a Multiple Sclerosis, has expressed her desire of going to "the world roof". But nobody, around her, seemed to pay attention to what she said. But her persistence in proposing her dream, hoping someone to listen to her and understand her, turned useful: she got listened, understood and her ideas become shared. Around her, other dreams gathered, and gave birth to the "Nepal for everyone" project.

"NEPAL FOR EVERYONE" PROJECT

We believe that everybody must have the same opportunity to be realized and to live in freedom. We believe in a culture that accepts each "diversity" and make the most of the richness of extraordinariness in each of us.

To a differently-abled person, the right to live freely, to express oneself, to have fun and realize their desires, must be fully recognised.

To travel does not mean to fill free time, but to enrich ones soul. It means understanding, knowing, meeting people with different culture, it means to sea and love the world, it means to realize one's dream. Nevertheless, for a person with disability, to do "a big travel" out of a mass tourism circuit is, still nowadays, a real concern. Difficulties to be overcome are so many that discourage even the more stubborn and courageous persons.



Tilicho NGO in this project proposes to help disabled people that want to know about Nepal, and help them solve the two main problems: organization and economical commitment.

The first objective is therefore to create a way that allows an easy travel in Nepal, and help other disabled people to know about this fascinating country and, at the same time, demonstrate that a will can overcome many barriers: a perfect example, a symbol for other trips and other possibilities.

What is more the project is inserted in full entailment in the aims of the Tilicho NGO, which not only encourages an ecologically sustainable tourism contributing to the local economy, but it also offers a sanitary and humanitarian support to the Nepalese population. Therefore "Nepal for everyone" project will single out and will sustain other projects in favour of disabled Nepalese.

Organisation

The group

The group is set up by around 20 people from which 6 are disabled.

The persons with disability were singled out by the organizing group, giving priority to the individuals followed by the Ambulatory centres of the St Steven Institute, particularly the Fabriano and Civitanova centres, where the initiative started.

Each disabled person will have a "friend" placed side to him, that will follow the roles and assignments given by the same disabled person. The "friend" is chosen by the disabled person, or can be part of the organising group.

Trip by plane

Organising the trip will require a particular attention, because there are a lot of difficulties and many architectonic barriers are still present.

The medical and rehabilitation staff will analyse all the problems that could occur (posture changing, tiring, toilet usage, etc.), and find an immediate possible solutions.

Insurance

All the members will be insured against accidents and illnesses, and a coverage of all expenses related to the road transportation, with ambulance, as well as a sanitary repatriation by plane is included in the policy.

Medical Assistance

A provision for a doctor, in collaboration with the Tilicho NGO, who can intervene in any case of need, is not made.

Each traveller will supply himself with necessary medicines that will be brought from Italy. In Nepal, in any case of emergency, is possible to use the Tilicho NGO dispenses and related medical instruments.



Vaccinations are not compulsory and the travellers, after being informed, will choose whether take them or not.

All hygiene and health precautions in choosing hotels and travel routes will be carefully taken.

Accommodation and architectonic barriers

Hotels with no architectonic barriers will be chosen. To face the architectonic barriers that we will find anyways (restaurants, monasteries, etc.), we will prepare possible solutions to make visits possible.

Funding and aims

Funding obtained will be used to cover the expenses related to the handicap situation, and make sure that the problem will not weight on the disable, but on the community.

The project will fund also a rehabilitation intervention in Nepal, with a stable characteristic, in favour of the physically disabled that currently live in a very precarious condition due to lankness of help, prosthesis, and specific treatments.